

First Steps Enterprise Limited

Placement: Yew Tree/Tuebrook/West Derby Children's Centre

Job Description – Health Promotion Worker

1 position

Pay: £20,344 per annum

Number of hours: 35 per week

Fixed-term initially to 31st March 2020, with a strong possibility of an extension until 31st March 2021

Summary of Post

This Health Promotion Worker position takes lead for developing and facilitating Health related programmes to children and their families.

The position also **includes Family Support Work. Providing support to families with individual, customised early help interventions**

The main aims of the post are:

Developing & strengthening partnerships with Midwifery, Health Visiting, PSS PND, LIV PIP, Smoke free Liverpool and Housing services to ensure children and families are in receipt of appropriate support and services.

Facilitation of Accredited Parenting Programmes on subjects including Accident Prevention, Health & nutrition as well as Ante Natal and Breastfeeding.

Support women to consider, initiate and sustain Breastfeeding is an area we are passionate about. The Post holder will work with Liverpool BAMBI's and our own BAMBI's volunteers to promote, raise awareness and support women in our communities to Breastfeed.

Promoting Healthy weight in Children. The post holder will develop and deliver a range of one to one and group sessions that will equip Parents with the knowledge & skills to provide their families with healthy nutritious meals & snacks and increase physical activity

Family Link Workers, including Health Promotion Workers, provide direct support to children and their families facing a range of difficulties. This role will provide additional support at an early stage to help divert families from requiring higher threshold. With the family and partner agencies you will develop individual targeted plans of intervention in accordance with the needs of the child and their family as part of the Early Help Assessment process.

The role involves developing and delivering Early learning sessions for families with children under five years, using your skills and abilities to observe children and plan sessions to ensure their progression.

In addition, the role includes identifying and supporting Families from BME groups particularly Asylum & Refugees increasing their access to services & support.

The worker will take the lead responsibility for the development and implementation of health service programmes and activities in the centre. This will be in close collaboration and under the guidance of appropriate Health service partner who work with the centre. The worker will be responsible for liaison with all relevant professionals & agencies as well as the voluntary sector organisations providing health related activities.

Duties and Responsibilities of the Position

- To provide Family support to families with individual, customised Early Help interventions
- To collaborate with Health partners, practitioners and parents to develop and implement health programmes and activities in the centre, including signposting to appropriate services.
- To increase take-up by parents and children of services delivered by and through Children's Centres.
- To support the delivery of programmes to tackle inequalities in Health, wellbeing and Education and promote healthier lifestyles.
- To develop and support with the implementation the centre's Health & Wellbeing Strategy as a key component to reducing health inequalities.
- To liaise with all relevant services and build effective partnership working arrangements, including with voluntary sector organisations.
- To work with Health partners supporting delivery of the Child Health Promotion Programme.
- To address the obesity agenda and the recommendations of the National Institute for Health and Clinical Excellence (NICE) guidelines on Infant and Maternal Nutrition (2008) by helping to plan and monitor physical activity and healthy eating programmes in collaboration with health partners.
- To promote Breastfeeding and support women to initiate and sustain Breastfeeding.
- To promote early access to pre-natal and antenatal services as a priority for vulnerable groups.
- To promote mental health and emotional wellbeing in children through working in partnership with CAMHS and other agencies.
- Develop parent's awareness of Accident Prevention and promotion of safety in the home.
- To promote and deliver programmes that increase awareness of good oral hygiene and dental health to children & their families.
- To promote and deliver Ante Natal Parent Education Programmes alongside Midwifery services to vulnerable women.
- To increase take-up of services from children's centres by BME/ Asylum & refugee communities.

- To ensure access to appropriate health information and advice to families with young children and pregnant women.
- To contribute to the reduction of health inequalities by supporting vulnerable groups / priority families in accessing health initiatives delivered in the Children's Centre
- To attend all team meetings as required.
- To attend any training identified to support and equip with skills to undertake the role.
- To attend regular supervision and personal review and development meetings as part of the performance management framework and participate in individual and team training and development activities.
- To promote the safeguarding of children in accordance with the council's framework for the care and protection of children.
- A commitment to work with other agencies and use common processes for children 'in need' including EHAT, Team Around the Family and lead professional roles.
- The post holder may also be required to carry out, as necessary, any other duty deemed to be commensurate with the grade and status of the post and the skills and experience of the post holder.

Directly Responsible To:

- Day-to-day - Children Centre Manager
- Employment issues – Managing Director of First Steps Enterprise Limited

This Post Is Subject to Disclosure:

- Enhanced Disclosure & Barring Service (DBS)
- Two appropriate references

Person Specification

*Note: * denotes essential.*

Qualifications and Training

- NVQ level 3 or equivalent professional qualification in health, social care, childcare, or education. *
- Evidence of professional development on health-related issues. *

Experience

- Experience working in a community setting in health promotion or a public health role. *
- Experience working with vulnerable groups. *
- Experience working with children under five years and their families. *
- Experience working with BME population.
- Experience of interagency / partnership working. *
- Experience leading and facilitating groups.

Skills/Abilities

- Able to supply Support families with individual, customised early help interventions*
- Knowledge and understanding of current public health / health promotion priorities as they relate to children under 5 years and their parents*
- Understanding of the wider determinants of health and health inequalities
- Knowledge and understanding of Children's Centre services and their aims. *
- Knowledge of key national guidance, e.g. Early Years Foundation Stage (EYFS); Sure Start Children's Centre guidance on health services delivery; Child Health Promotion Programme, and its relevance to children and families. *
- Ability to demonstrate a working knowledge of early child development birth -5 years.
- Ability to work effectively as a team member and have a commitment to joint working practices*
- Ability to engage and work with parents, including those from vulnerable families and parents who have found it difficult to access services. *
- Ability to liaise with a range of other professionals. *
- Ability to organise training activities.
- Good communication skills. *
- Ability to use basic word processing, spreadsheet software, internet and email. *

Commitment

- An understanding of and a personal commitment to the Vision and Values of Liverpool City Council. *
- Willingness to undertake further professional development activities*

Other

- This post is subject to Enhanced Disclosure & Barring Service checks*

- A satisfactory sickness record over the previous two years (subject to the need to act with consistency and fairness and to pay particular attention to equality of opportunity issues such as sickness related to a disability and/or pregnancy) *
- Driving licence, use of own car insured for business purposes strongly desirable

Other Information

- Pay - £20,344 per annum
- Number of hours per week: 35
- Annual leave based on number of hours worked per week and over the contract fixed-term period. This is done on a pro-rata basis of 25 days leave. Bank Holidays are additional.
- If the period of work covers any Christmas shutdown period of the centre, workers will be required to take hours from their leave allocation for this for the days they normally work – e.g. if a normal working day is a Monday but not a Tuesday, the worker would take the Monday as leave but not the Tuesday (non-Bank Holiday days)
- Place of work: Tuebrook/West Derby/Yew Tree Children's Centre
- Subject to 12-week probationary period
- Fixed-term in line with placement requirements initially until 31st March 2020, with a strong possibility of an extension to 31st March 2021
- This post is funded through the placement children centre.
- Complete an application online here - <http://firststepsenterprise.co.uk/vacancies/> CVs are not accepted.